

PRO367 DEXAMPHETAMINE AND METHYLPHENIDATE PRESCRIBING PROCEDURE

PROCEDURE

Toowong Private Hospital (TPH) endorses The Royal Australian and New Zealand College of Psychiatrists:

- Practice Guideline 6: Guidelines for the use of dexamphetamine and methylphenidate in adults, and
- Practice Guideline 4: The use of medication in dosages and indications outside normal clinical practice.

In line with these guidelines:

- Members of TPH's Medical Council are to seek a second opinion from an experienced colleague regarding the decision to prescribe dexamphetamine or methylphenidate to an inpatient of the hospital. This second opinion is required:
 - whether or not the medication is being used for mainstream treatment or off label prescribing, and
 - prior to the inpatient being dispensed the medication for all new prescriptions, or
 - so as to not limit a patient's access to an ongoing medication, as soon as possible following the patient's admission for ongoing prescriptions.
- The second opinion of the experienced colleague must be documented either:
 - in the progress notes within the patient's medical record, or
 - on a written letter that is filed within the patient's medical record.
- If the second opinion supports the prescribing of dexamphetamine or methylphenidate, the member of the Medical Council should:
 - identify clear endpoints and discuss a proposed duration of treatment with the patient prior to commencement of stimulant treatment
 - assess and monitor the risks associated with prescribing the patient this medication and document a clear treatment plan for nursing staff to follow to assist in managing any identified risks
 - complete FM346 to clearly document that the requirements of this procedure have been met.
- The second opinion supporting the prescribing of dexamphetamine or methylphenidate to an inpatient will remain current for a period of twelve months. If the patient is to continue being prescribed this medication after a twelve month period, a new second opinion must be sought.

REFERENCES/LINKS

Toowong Private Hospital will function in accordance with all relevant Legislation, Regulations, Industry Standards and Codes of Practice. TPH utilises the external Private Hospitals Association of Queensland (PHAQ) Matrix.

Access to related policies, procedures, forms, or other documents may be found by undergoing a Radix DM search by ID, Title, Library Group, document content or saving criteria.

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